

## Freedom of Expression

In the face of adversity  
With your back against the wall, Being  
pushed into a corner  
To the noise of slamming doors.

In the face of adversity  
Whilst others do their deeds,  
Denying your reality  
To bring you to your knees.

Your spoken words - they go unheard  
Silence hangs heavy in the air,  
Opinions don't seem to matter  
No- one's listening- they don't care.

Stand straight and stand tall  
Fight your fight with much pride,  
Our words are very precious  
Our thoughts we should not hide.

So, in the face of adversity  
When things seem really grim,  
Articulate your words out loud  
Speaking your mind – Is not a sin.

Lianne Kelly 2019