

See me through the darkness of the light

Hear my heart beating across the deserted plains
Touch my spirit tiny flame flickering inside the sweltering sun
Smell the beads of sweat falling from my furrowed brow
See the world through my eyes

I am here, I am there, I am you ,you are me
Recognise my struggle to breathe
Hear my voice across the winds of time
My silent footsteps ,my hidden cries
I cradle my weary head in my boney hands
Fingertips reaching out to the world

I am your reflection the mirror of your mind
I am your family ,and ,I am part of you and me
Hear my whispered cries to be free
Echo across land and sea

See

Steps across the world to reach liberty

Sing with me a song of humanity
Dance with me in combined energy
Stay a moment in my life and dream my dream
Fly away with me to rainbow skies
I am here, I am there , I am you ,and ,you are me
Together in strength ,justice and equality

P Painter