



Positive Images Festival calling...

Welcome to your April update

Our meetings have come to a standstill. However, we have been busy behind the scenes.

- **Emilie Lauren Jones** continues to hold our poetry workshops, online of course! Anyone interested in this online poetry journey is requested to contact her via email emilielaurenwriter@gmail.com
- **Colin Scott**, who facilitates Hillfields Readers Group, has just sent out a newsletter, which also contains a quiz. For further information, please email positiveimagesfest@yahoo.com
- Executive Committee members, **Karen Berry** and **Emilie Lauren Jones**, attended an online bid writing course, arranged by BSBT (Building a Stronger Britain together).



And here is news from our partner organisations...

- ***Sue** and **Graham Pountney**, who arrange *Styvechale Open Gardens* event, are keeping us mentally stimulated through their daily quiz. If you would like your daily dose of their wholesome quiz, please contact us.
- ***Arts for Health** held a zoom meeting on 30th March. Arts for Health is a group for artists and creatives in Coventry & Warwickshire, who recognise the transformative effects of arts and creativity on our society. Minutes of the meeting are available from us. If you want to be part of this group, please email mel@feelgoodcom.org
- ***Sahyadri Friends Group** is conducting online craft sessions for kids, whose pictures of craftwork created will feature in a future edition of Spectrum. Chaitrali Chitre is conducting free live Yoga sessions and Bollywood dance

sessions for families. www.sahyadri.co.uk

***CAIF** (Coventry Association for International Friendship) has been keeping in contact with its members and friends abroad through the production of a daily bulletin CAIF in the Time of Coronavirus. These can be accessed its website <http://caif.co.uk/index.php/gallery/coronavirus#category> To watch their videos on the YouTube Channel, search google for [CovAssocIntFrndship](#)

***Ekta-Unity Group** distributed craft packs to their members to promote their well- being. Craftwork created will be displayed at a future meeting.



Did you know?

***4th April** is **National** as well as **International Carrot Day**. It started in 2003, with the aim of spreading knowledge about the carrot and its attributes. www.carrotday.com

***21st April** is **National Tea Day**, which celebrates our love of tea. We drink 165 million cups of tea a day. www.nationalteaday.co.uk



*Positive Images Festival has been successful in its bid for funding from National Lottery Awards for All for workshops which will start form late summer onwards.

*Edina Iacob, one of our volunteers, was nominated for Coventry University Students Union's **Volunteer of the Year Award 2020**.

Colin Scott
Chair

Mehru Fitter
Secretary