

## **PROGRESS HEROES By Caroline Davies**

Medicated toilet tissue, greaseproof paper

Liquid sliding off, not soft

Walker's French fries. Pot Noodles

Yorkie bars now just not for men

The abolition of the fountain pen

The recognition of mental health

Being a "thing"/not "under the weather/"

Or "pull yourself together"

Medical Advances, keyhole surgery

Prompt interventions, purple hair dye

Elf on the shelf.

I miss chips wrapped in newspaper though

Not all progress is good.

David Bowie is dead

Like the laughing gnome, off with his head

And Elvis died too.

Fast forward to year 2022

Progress heroes and music ones to name but a few

And the Andrex puppy is an adult now.