

A Recycled Poem

aka a found poem

Refuse

The most sustainable item
is the one you didn't buy.

The best things in life
are not things.

Reduce

Cook, eat local, sustainable
fair trade, fresh.

Do something drastic, cut the plastic.

Take the bus, the train, cycle or walk.

Reuse

Stay hydrated:

fill your water bottle
from the tap.

Make a meal from leftovers.

Carry a reusable cup.

Repurpose

Upcycle your old clothes.

Grow your own
and make compost

Recycle

There is no such thing as away.

When you throw something away
it has to go somewhere.

Refuse, reduce, reuse, repurpose, recycle.

Penny McCulloch