

Know Your Nutters

Nuts 0.43

Potatoes 0.46

Bananas 0.86

Wheat 1.57

Corn 1.7

Tomatoes 2.09

Oatmeal 2.48

Milk 3.15

Tofu 3.16

Rice 4.45

Eggs 4.67

Poultry 9.87

Pig 12.31

Fish 13.63

Cheese 23.88

Prawns 26.87

Lamb 39.72

Beef 99.48

kg of greenhouse gases measured as carbon dioxide equivalent emissions per kg of food product

Farmers farm fields of football
pitches from picturesque forests
for the folks back home who
live in city's ignorance (a pity).

...You must be nuts to eat beef!

Source: Our World In Data

Karuna Mistry

Food For Thought

cut out the eyes
skin them alive
boil those balls

'toes are tasty
once they've died
'cos spuds are great
mashed or fried

dirtying my hands, uprooting their stores
killing nightshades are my greenest sin

vegan, vegetarian or omnivorean?

that is the question whilst I shake spears
from this side of my crop patch, the one
overlooking the smoky chargrilled panels
wondering whose former now-burnt flesh
resides in residues on my organic greens

Karuna Mistry

Carbon Beings Breathe Oxygen

with carbon feet bring carbon bonds
breathe carbon breaths, sing carbon songs
smoke carbon sticks, air carbon rings

hoard carbs down gobs, eat carbs on cobs
dance 'til dawn on drunken carbon tongues
(when the going gets on, the gong gets going)

we can't stop the carbon from circulating
can't stop cars from driving or hurrying
(electric driving derives from carbon source)

but we can

ink carbon words, write right from wrong
print carbon copies, share carbon wisdom;
sing carbon songs to engage carbon ones
(compassion by carbon di-oxygen); create
carbon sinks for the amazing Amazon;
the world's largest carbon lungs – shrink-
-ing

...transform now before it's gone

Karuna Mistry